



SEPTEMBER 2025

Monson High School & Granite Valley

100% vegetable or fruit juice
*whole wheat products
Menu subject to change without notice.



Monday

Labor Day
NO SCHOOL

1

Tuesday

Chicken Deluxe *Sandwich
Lettuce & Tomato Slices
Snack Bag of Chips
100% Veggie Juice
Fresh Fruit or Fruit Cup

2

Wednesday

BBQ Loaded Waffle Fries
Cheese, BBQ Pulled Pork
And Sour Cream
Cole Slaw, Corn *Muffin
Fresh Fruit or Fruit Cup

3

Thursday

Corn *Dog on a Stick
Crinkle Cut Fries
Baby Carrots
Fresh Fruit or Fruit Cup

4

Friday

Stuffed Crust
Cheese or Pepperoni *Pizza
Fresh Steamed Zucchini
Ice Cream Cup
Fresh Fruit or Fruit Cup

5

Brunch for Lunch
French Toast *Sticks
Breakfast Sausage
Oven Round Potatoes
Fresh Fruit or Fruit Cup

8

Chili Cheese Dog (*Optional)
On a *Roll
Sweet Potato Fries
Fresh Fruit or Fruit Cup

9

Grilled Cheese *Sandwich
Creamy Tomato Soup
Goldfish *Crackers
Carrot & Celery Sticks w- Dip
Fresh Fruit or Fruit Cup

10

Chicken *Tenders
Whipped Potatoes
Fresh Steamed Summer
Squash
Fresh Fruit or Fruit Cup

11

Meatball *Grinder
Shredded Mozz. Cheese
Snack Bag of Chips
Pickle Spear
Steamed Broccoli
Fresh Fruit or Fruit Cup

15

Turkey Club *Sandwich
w- Cheese,
Leaf Lettuce, Tomato
& Bacon, Potato Salad
Fresh Fruit or Fruit Cup

16

*Pasta w-Meat Sauce
Shredded Mozzarella Cheese
Fresh Green Beans
Garlic Knot *Roll
Fresh Fruit or Fruit Cup

17

Chicken *Nuggets
w- Assorted Dipping Sauces
Seasoned *Rice
Steamed Carrots
Fresh Fruit or Fruit Cup

18

Oven Baked Breaded
Mozzarella *Sticks
w- Marinara Sauce
Spinach Salad
Roasted Chick Peas
Fresh Fruit or Fruit Cup
Tony's Round Deep Dish
Cheese *Pizza
Onion *Rings
Chick Pea Salad
Fresh Fruit or Fruit Cup

19

Beef Taco on a Soft *Wrap
Refried Beans, Seasoned
Corn, Shredded Lettuce,
Shredded Cheese, Salsa &
Sour Cream
Fresh Fruit or Fruit Cup

22

*Mac and Cheese
Seasoned Mixed Veggies
Dinner *Roll
Fresh Fruit or Fruit Cup

23

Chicken *Patty or
Spicy Chicken *Patty
on a *Roll
*Macaroni Salad
Carrot Sticks
Fresh Fruit or Fruit Cup

24

Fish *Sticks
w- Tartar Sauce
Crinkle Cut Fries
Sweet Peas
Strawberry *Shortcake w-
Topping

25

Sal's Cheese or Pepperoni
*Pizza
Broccoli Salad
Fresh Fruit or Fruit Cup

26

Popcorn *Chicken
Smile Fries
Seasoned Corn
Fresh Fruit or Fruit Cup

29

Cheeseburger on a *Roll
Snack Bag of Chips
Ranchero Beans
Pickle Spear
Fresh Fruit or Fruit Cup

30

Questions? Call (413) 267-4158 Tracy Blanchard – Food Service Director or email blanchardt@monsonschools.com

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