



### Monday

Labor Day  
No School

1

### Tuesday

Choice of \*Cereal  
Or  
Mini Chocolate \*Donuts  
Fresh Fruit or Fruit Cup  
and Milk

2

### Wednesday

Choice of \*Cereal  
Or  
Raspberry Swirl or Apple  
Cinnamon \*Danish  
Fresh Fruit or Fruit Cup  
and Milk

3

### Thursday

Choice of \*Cereal  
Or  
French \*Toast Sticks  
Fresh Fruit or Fruit Cup  
and Milk

4

### Friday

Choice of \*Cereal  
Or  
Honey \*Bun  
100% Fruit Juice  
and Milk

5

Choice of \*Cereal  
Or  
Pillsbury Mini \*Waffles  
Fresh Fruit or Fruit Cup  
and Milk

8

Choice of \*Cereal  
Or  
Pop \*Tarts  
Fresh Fruit or Fruit Cup  
and Milk

9

Choice of \*Cereal  
Or  
Pillsbury Mini \*Cinni's  
Fresh Fruit or Fruit Cup  
and Milk

10

Choice of \*Cereal  
Or  
Egg & Cheese \*McMuffin  
100% Fruit Juice  
and Milk

11

Choice of \*Cereal  
Or  
Blueberry \*Muffin  
Fresh Fruit or Fruit Cup  
and Milk

12

Choice of \*Cereal  
AND  
Early Risers Hash Brown  
100% Fruit Juice  
and Milk

15

Choice of \*Cereal  
Or  
Mini Powdered \*Donuts  
Fresh Fruit or Fruit Cup  
and Milk

16

Choice of \*Cereal  
Or  
Fresh Baked Cinnamon \*Roll  
100% Fruit Juice  
and Milk

17

Choice of \*Cereal  
Or  
Blueberry Yogurt Parfait w-  
Graham Crackers  
and Milk

18

Choice of \*Cereal  
Or  
Pop \*Tarts  
Fresh Fruit or Fruit Cup  
and Milk

19

Choice of \*Cereal  
Or  
\*Bagel w- Cream Cheese  
100% Fruit Juice  
and Milk

22

Choice of \*Cereal  
Or  
Eggo Maple Mini Pancakes  
Fresh Fruit or Fruit Cup  
and Milk

23

Choice of \*Cereal  
Or  
Cocoa Puffs \*Cereal Bar  
Fresh Fruit or Fruit Cup  
and Milk

24

Choice of \*Cereal  
Or  
Apple Frudel  
Fresh Fruit or Fruit Cup  
and Milk

25

Choice of \*Cereal  
Or  
Crumb Cake  
100% Fruit Juice  
and Milk

26

Choice of \*Cereal  
Or  
Egg & Cheese Breakfast  
Burrito  
100% Fruit Juice  
and Milk

29

Choice of \*Cereal  
Or  
Assorted Breakfast Items  
Fresh Fruit or Fruit Cup  
and Milk

30

Questions? Call (413) 267-4158 Tracy Blanchard – Food Service Director or email [blanchardt@monsonschools.com](mailto:blanchardt@monsonschools.com)

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