

Monday

Tuesday

Wednesday

Thursday

Friday

5
*Popcorn Chicken
Seasoned *Rice
Sweet Peas
Fresh Fruit or Fruit Cup

6
Hot Dog on a *Roll
Baked Beans
Marinated Cucumber Coins
Fresh Fruit or Fruit Cup

7
*Pasta w-Meat Sauce
Shredded Mozzarella Cheese
Steamed Broccoli
Garlic Knot *Roll
Fresh Fruit or Fruit Cup

8
Chicken Fajita on a *Wrap
Onions & Peppers, Corn
Shredded Cheese, Salsa,
Sour Cream,
Fresh Fruit or Fruit Cup

2
Wild Mike's Cheese or
Pepperoni *Pizza
Sweet Potato Fries
Fresh Fruit or Fruit Cup

12
Indigenous Peoples' Day
No School

13
Grilled Cheese *Sandwich
Goldfish Crackers
Creamy Tomato Soup
Fresh Fruit or Fruit Cup

14
Early Release Day
Choice of Ham & Cheese
Or Turkey & Cheese *
Sandwich
Snack Chips & Baby Carrots
Fresh Fruit or Fruit cup

8
BBQ Pulled Pork on a *Roll
Sweet Potato Fries
Coleslaw
Applesauce

9
French Bread *Pizza
Crinkle Cut Oven Fries
Green Beans
Cool Tropics Slushie

15
Homemade Beef Chili w/
Beans
Shredded Cheddar Cheese
*Corn Muffin
Steamed Carrots
Fresh Fruit or Fruit Cup

16
Big Daddy's Cheese or
Buffalo Chicken *Pizza
Celery Sticks w- Hummus
or
Ranch Dressing
Fruit Juice Gel Wiggles

19
Soft Baked *Pretzel
Cheddar Cheese Sauce
Hard Boiled Egg
Steamed Carrots
Fresh Fruit or Fruit Cup

20
Shredded Chicken Taco in an
*Soft Wrap
Shredded Lettuce, Cheese,
Refried Beans, Salsa, Sour
Cream, Mixed Fruit Cup,
Milk

21
Home Made Hamburger
Helper
Cheeseburger *Macaroni
Steamed Broccoli
Dinner *Roll
Fresh Fruit or Fruit Cup

22
Chicken *Tenders
Crinkle Cut Fries
Green Beans
Fresh Fruit or Fruit Cup

23
Mozzarella Sticks
w- Marinara Dipping Sauce
Smile Fries
Side Salad
Fresh Fruit or Fruit Cup

26
*Breaded Fish Sticks
Sweet Potato Fries
Tartar Sauce
Dinner *Roll
Fresh Fruit or Fruit Cup

27
Chicken Deluxe *Sandwich
Snack Bag of Chips
Lettuce, Tomato & Onion
Steamed Carrots
Fresh Fruit or Fruit Cup

28
Shepherd's Pie
Seasoned Beef,
Whipped Potato, Sweet Corn,
Dinner *Roll
Fruit & Pudding w- Topping

29
Cheeseburger on a *Roll
Onion *Rings
Baked Beans
Lettuce & Tomato
Fresh Fruit or Fruit Cup

30
Stuffed *Crust
Cheese or Pepperoni Pizza
Steamed Spinach
Ice Cream Cup
Fresh Fruit or Fruit Cup