

OCTOBER 2026

Monson High School, Granite Valley & Quarry Hill ECC

100% vegetable or fruit juice,
Whole wheat products
Menu subject to change without notice.



BREAKFAST

Monday

Tuesday

Wednesday

Thursday

Friday



Choice of *Cereal **5**
Or
Pop *Tart Breakfast Breaks
Fruit, Fruit Juice and Milk

Choice of *Cereal **6**
Or
Assorted Breakfast Items
Fruit, Fruit Juice and Milk

Choice of *Cereal **7**
Or
Hadley Farms
Cinnamon *Roll
Fruit, Fruit Juice and Milk

Choice of *Cereal **1**
Or
Strawberry Overnight *Oat
Parfait
Fruit, Fruit Juice and Milk

Choice of *Cereal **2**
Or
Bake Crafter
Egg & Cheese *Croissant
Fruit, Fruit Juice and Milk

Indigenous Peoples' Day **12**
No School

Choice of *Cereal **13**
Or
Assorted Breakfast *Items
Fruit, Fruit Juice and Milk

Choice of *Cereal **14**
Or
Bake Crafter
Glazed *Donut
Fruit, Fruit Juice and Milk

Choice of *Cereal **15**
Or
Mini Confetti *Pancakes w-
Syrup
Fruit, Fruit Juice and Milk

Choice of *Cereal **16**
Or
Chocolate Chip *Muffin
Fruit, Fruit Juice and Milk

Choice of *Cereal **19**
Or
Mini Stuffed Strawberry
*Bagel
Fruit, Fruit Juice and Milk

Choice of *Cereal **20**
Or
Assorted Pop *Tarts
Fruit, Fruit Juice
and Milk

Choice of *Cereal **21**
Or
Raspberry Iced Swirl *Danish
Fruit, Fruit Juice
and Milk

Choice of *Cereal **22**
Or
Fresh Baked Cinnamon *Roll
Fruit, Fruit Juice
and Milk

Choice of *Cereal **23**
Or
Mini Powdered *Donut Holes
in a Cup
Fruit, Fruit Juice and Milk

Choice of *Cereal **26**
Or
Banana *Bread
Fruit, Fruit Juice
and Milk

Choice of *Cereal **27**
Or
Assorted Breakfast *Items
Fruit, Fruit Juice
and Milk

Choice of *Cereal **28**
Or
Chocolate Chunk *Granola
Bar
Fruit, Fruit Juice and Milk

Choice of *Cereal **29**
Or
Assorted Breakfast *Items
Fruit, Fruit Juice
and Milk

Choice of *Cereal **30**
Or
Mini Chocolate *Donuts
Fruit, Fruit Juice
and Milk

Questions? Call (413) 267-4158 Tracy Blanchard – Food Service Director or email blanchardt@monson-schools.com

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